



2023 IPPS: Understanding Pelvic Pain: Virtual Course for People with Pelvic Pain

Faculty:

Multidisciplinary IPPS board members who teach, practice, author and research about pelvic pain.

Karen Brandon, PT
Charles Butrick, MD
Sarah Fox, MD
Alexandra Milspaw, PhD
Amy Stein, PT

Date:

Zoom Webinar
Sunday, October 22, 2023
10am - 2pm CDT

Registration:

\$ 50.00

Limited Financial Assistance Available

FOR MORE INFORMATION AND TO REGISTER, PLEASE SCAN THE QR CODE BELOW:



This Course is Intended For:

Individuals and their support partners with pelvic pain who would like to learn more about how pelvic pain develops, what is involved, how to optimize researched self-care strategies, and how and where to get the care you need.

Course Objectives:

At the end of this course attendees will be able to:

- Describe how chronic pelvic pain is different from acute pain
- Explain the role the nervous system plays in the pain experience
- List the areas that pelvic pain practitioners can address in their assessment and treatment
- Outline the self-management tools that show the best outcome for improving function.

Registration:

Your contribution allows us to offer these valuable programs for others in the future. Limited financial assistance is available. If you have a question about this course, or have a question about signing up, please call IPPS at (612) 474-4140 for assistance.

Course Description:

This half day live webinar course is designed to give patients an overview about current methods of assessment and treatment of persistent pelvic pain. Specialty clinicians will explain the different systems involved in various types of pain. Information will be shared about how to make the most of your home program and daily routines to reduce the impact of the pain you have experienced as well as how to find a team of pelvic pain providers who can address the different symptoms and also. There will be physical practice of best techniques to address pelvic pain and multiple opportunities to ask questions of the panel.

